

Advance Motivational Interviewing



Instructor: Grant Hovik, MA UCLA
Integrated Substance Abuse Programs

Instructor Information:

Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

Pre-requisite details: This advanced course requires participation in a previous introductory level Motivational Interviewing training.

Course description:

Motivational Interviewing (MI) is a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential, advanced-level MI skill development training will focus on helping clients to engage in change talk and then make commitments to make behavior changes based on goals that they have identified. It will provide in depth instruction, real play practice, and feedback on fostering and utilizing change talk to increase client motivation, and movement toward change across health, mental health, and substance use conditions.

Date: December 06, 2023 & December 07, 2023

Time: 9:00am-12:00pm (**Registration will start at 8:30am**)

Location: Virtual- zoom link will be emailed to participants

RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>
All other interested partners, please visit www.rcdmh.org/wet
Free to all registered participants

Continuing Education Credits: Will be provided by UCLA Integrated Substance Abuse Programs. UCLA ISAP maintains responsibility for the program and its content. This course is pending for 6 continuing education units/credits/hours.

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

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Instructor Information: Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Mr. Hovik has worked in the field of substance use disorders through research, training, and technical assistance since 2006. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

Audience: This six-hour training is **free** and is open to staff who have previous training experience and have used motivational interviewing skills in a clinical setting. Participants who need introductory-level training should not attend this training. Recommended staff include:

- Psychologists
- LMFTs and LCSWs
- Registered Nurses
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

Pre-requisite details: This advanced course requires either participation in a previous introductory level Motivational Interviewing training or completion of the online Tour of MI course. Course enrollment information is available at:

<http://healthknowledge.org/course/index.php?categoryid=53#TourOfMI>

Seat #: 40

Educational Goals:

1. Participants will improve practitioners skills and application of MI

Learning Objectives:

1. Identify at least two (2) ways that the Motivational Interviewing Spirit can be used to enhance motivation for change.
2. Recognize at least two (2) examples of change talk and sustain talk in hypothetical client statements.
3. Apply at least two (2) methods of responding to change talk that strengthens the change talk.

4. Compare at least three (3) strategies to “roll with resistance” or reduce discord between counselor and client.
5. Propose at least two (2) skills to help clients develop hope and confidence for change.
6. Recognize at least two (2) reasons why it is important to actively listen before problem-solving.
7. Specify at least three (3) examples of questions or reflections that can strengthen a client’s commitment for change.
8. Analyze at least three (3) of the MI micro-skills and explain how they can evoke change talk.

Course outline: Pending

Time	Topic/Content
8:30am-9:00am	Registration

Continuing Education: The training course meets the qualifications for the provision of six **(6.0)** continuing education credits/ contact hours (CEs/CEHs).

UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six **(6.0)** hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for **6.0** contact hours. CE credit will be awarded for full participation within 6-8 weeks following the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing

education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397).

Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).